



## APPETIZERS

### **Dry Ribs \$ 16**

Slow cooked pork rib ends, Kosher salt, ponzu sauce.

### **Basket of Fries \$8**

Hand-Cut Kennebec Fries.

### **Deep Fried Pickles \$12**

Dill & panko crusted pickle spears, served with sriracha aioli.

### **Basket of Onion Rings \$11**

Served with Grainy dijon aioli.

### **Vegetarian Samosas \$13**

Served with a yogurt, cucumber, cilantro lime sauce.

### **Chicken Wings \$18**

In your choice of: Hot, BBQ, Honey Garlic, or Salt and Pepper. Served with buttermilk ranch dip.

### **Truffle Fries \$14**

Hand cut Kennebec fries, Grana Padano, white truffle essence, served with sriracha aioli.

### **Chicken Fingers & Fries \$17**

Made in house, chicken breast strips in our seasoned breading, served with house made honey mustard sauce.

## SALADS

### **Mixed Greens \$ 14**

Baby summer greens, confit grape tomatoes, shaved heirloom carrots, red wine vinaigrette.

### **Greens & Grains \$ 16**

Baby spinach and arugula, red quinoa, toasted sunflower and pumpkin seeds, dried cranberries, honey mustard vinaigrette.

### **Classic Caesar \$ 15**

Baby romaine hearts, focaccia croutons, crispy capers, Grana Padano, confit grape tomatoes, lemon caper vinaigrette.

**Add Chicken \$6**

**Add Prawns \$7**

**Add Bacon \$3**

### **Taco Salad \$21**

Romaine lettuce, tomatoes, aged white cheddar, black beans, crispy tortillas, avocado, seasoned ground beef, chipotle lime vinaigrette.

CAN BE GLUTEN FREE 

GLUTEN FREE BUNS AVAILABLE \$2

GLUTEN FREE FRYER AVAILABLE \$2



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## LUNCH FAVOURITES

### A.B.L.T \$18

Double smoked bacon, vine ripened tomatoes, romaine lettuce, avocado mousse, garlic aioli, on multigrain bread.

### Pesto Chicken Sandwich \$20

Lemon and herb marinated chicken breast, baby arugula, pesto aioli, aged cheddar, confit grape tomatoes, on sourdough bread.

### Grilled Vegetable Quesadilla \$16

Bell peppers, red onions, black beans, aged cheddar, chipotle aioli on a spinach tortilla. Served with sour cream, and salsa.

Add Guacamole \$2.5

Add Chicken \$6

Lunch Favourites are NOT available after 5pm.

All Lunch Favourites and All Day Items are served with Fries.

Upgrade to: House Salad, Caesar or Onion rings \$3

Burger Adds : Gluten free bun \$3, Bacon \$2, Cheese \$2

## ALL DAY ITEMS

### Mabel Burger \$17

6oz ground chuck patty, pickled red onions, lettuce, tomatoes, sriracha aioli, on a potato brioche bun.

### Kingfisher Burger \$22

6oz ground chuck patty, aged white cheddar, double smoked bacon, roasted mushrooms, pickled red onions, lettuce, tomatoes, sriracha aioli, on a potato brioche bun.

### Turkey Burger \$18

6oz ground turkey patty, avocado mousse, vine ripened tomatoes, baby arugula, cilantro lime aioli, on a potato brioche bun.

### Black Bean Burger \$18

House-made black bean patty, garlic tahini sauce, avocado mousse, baby spinach, vine ripened tomato, on a potato brioche bun

### Prime Rib Beef Dip \$21

Slow roasted Prime Rib on a toasted garlic ciabatta bun served with au jus.

### Chicken Caesar Wrap \$18

Slow cooked chicken breast, romaine lettuce, shaved parmesan, confit tomatoes, crispy fried capers.

## FROM THE TAP

|                      | Pint  | Jug    |
|----------------------|-------|--------|
| Mabel Lake Lager     | \$5.5 | \$17   |
| OK Springs 1516      | \$6.5 | \$19.5 |
| OK Springs Pale Ale  | \$6.5 | \$19.5 |
| Terrace Mountain IPA | \$6.5 | \$19.5 |

## WINE CANS

|                                 |       |
|---------------------------------|-------|
| Glamour Farming Pinot Gris      | \$8.5 |
| Galmour Farming Pinot Noir Rosé | \$8.5 |

## 0.0% BEER

|                |     |
|----------------|-----|
| Bud Zero       | \$5 |
| Corona Sunbrew | \$5 |

## 355 MLs

|                      |        |
|----------------------|--------|
| Budweiser            | \$5.75 |
| Coors Light          | \$5.75 |
| Canadian             | \$5.75 |
| Kokanee              | \$5.75 |
| Bud Light            | \$5.75 |
| OK Springs Pale Ale  | \$5.95 |
| OK Springs 1516      | \$5.95 |
| OK Springs Clear     | \$5.95 |
| Miller Genuine Draft | \$5.95 |
| Heineken             | \$5.95 |
| Corona               | \$5.95 |
| Alexander Keiths     | \$5.95 |

## PIZZA

**Cheese 10" \$14 14" \$20**

Mozzarella, & fire roasted tomato sauce

**Supreme Three Cheese 10" \$19 14" \$26**

Mozzarella, aged white cheddar, Grana Padano, fire roasted tomato sauce.

**Pepperoni 10" \$19 14" \$26**

Pepperoni, mozzarella, fire roasted tomato sauce.

**Hawaiian 10" \$19 14" \$27**

Ham, fresh pineapple, mozzarella, fire roasted tomato sauce.

**Spinach & Feta 10" \$19 14" \$29**

Confit garlic, crema, baby spinach, feta

**Double Pepp & Mush 10" \$24 14" \$32**

Double pepperoni, roasted mushrooms, mozzarella, fire roasted tomato sauce.

**Supreme Hawaiian 10" \$22 14" \$30**

Back Bacon, Double smoked bacon, pineapple, mozzarella, fire roasted tomato sauce.

**Fungi 10" \$22 14" \$30**

Roasted mushrooms, crema, confit garlic, mozzarella,, Grana Padano, fresh oregano.

**BBQ Chicken 10" \$22 14" \$30**

Slow cooked chicken breast, aged white cheddar, caramelized onions, house made bbq sauce, cilantro.

**Carnivore 10" \$24 14" \$32**

Honey smoked ham, pepperoni, seasoned ground beef, fire roasted tomato sauce, mozzarella, Grana Padano.

**Mabel 10" \$28 14" \$35**

Ham, bacon, Italian sausage, green peppers, mushrooms, cheddar, and mozzarella.

**Clubhouse 10" \$28 14" \$35**

Slow cooked chicken breast, honey glazed ham, double smoked bacon, vine ripened tomatoes, baby arugula, mozzarella and ranch dressing.

## ENTREES

**Chicken Parmesan \$28**

Breaded chicken breast, baked with house-made marinara sauce, mozzarella and parmesan, served with pesto tagliatelle, and seasonal vegetables.

**Pork Schnitzel \$25**

Breaded Fraser Valley pork loin cutlet, house-made spaetzle, braised red cabbage, fresh lemon.

**Tagliatelle Bolognese \$27**

Slow cooked ragout of beef ribeye and San Marzano tomatoes, served on a bed of tagliatelle with shaved parmesan and grilled garlic focaccia

**PEI Mussels \$25**

One pound of blue shell mussels, steamed in pale ale with bacon, Dijon mustard, shallots, garlic and thyme. Served with grilled garlic focaccia.

**Prime Rib**

**Friday & Saturday Night**

Your choice of an 8oz or 12 oz cut of slow roasted prime rib, served with mashed potatoes, seasonal vegetables, Yorkshire, & red wine au jus

**8oz \$36**

**12oz \$44**

**Make it a Share Plate \$8**

**Add an extra plate including all the sides.  
No Meat included.**

**Ask your server for Dessert Selections.**

## FROM THE VINE

| <b>House</b> | 6oz | 9oz  | 1/2Litre | 1Litre |
|--------------|-----|------|----------|--------|
| House White  | \$7 | \$10 | \$15     | \$26   |
| House Red    | \$7 | \$10 | \$15     | \$26   |

| <b>By the Glass</b>                    | 6oz   | 9oz  | 1/2Litre | Bottle |
|--|-------|------|----------|--------|
| Mission Hill Chardonnay (BC) Semi-Dry  | \$8.5 | \$12 | \$23     | \$32   |
| Mission Hill Pinot Grigio (BC) Dry     | \$8.5 | \$12 | \$23     | \$32   |
| Oster Bay Sauvignon (NZ) Dry           | \$10  | \$14 | \$27     | \$38   |
| Kettle Valley Brakemans (BC Blend) Dry | \$9   | \$13 | \$25     | \$36   |
| Hester Creek Cabernet Merlot (BC) Dry  | \$10  | \$14 | \$27     | \$38   |

|  |     |      |      |      |
|--|-----|------|------|------|
| 50th Parallel Pinot Noir Rosé (BC) Dry | \$9 | \$13 | \$25 | \$36 |
|--|-----|------|------|------|

### By the Bottle

|   |  |  |  |      |
|---|--|--|--|------|
| 50th Parallel Pinot Gris (BC) Dry - Fruit forward, juicy          |  |  |  | \$33 |
| Gray Monk Gewurtztraminer (BC) Semi-Dry - Rich, medium-bodied     |  |  |  | \$32 |
| 50th Parallel Pinot Noir (BC) Dry - Vibrant, medium bodied        |  |  |  | \$48 |
| Apothic Red (BC Blend) Semi-Dry - Fruit forward, easy drinking    |  |  |  | \$33 |
| Larch Hills Marechal Foch Reserve (BC) Semi-Dry - Smooth, savoury |  |  |  | \$44 |
| J. Lohr Cabernet Sauvignon (US) Dry - Smokey, long finish         |  |  |  | \$33 |

## COOLERS & CIDERS

355 MLs

|  |        |
|--|--------|
| Okanagan Cider (Pear, Black Cherry, Apple, Peach)              | \$5.75 |
| Palm Bay (Pineapple, Mandarin Orange, Key Lime, Cherry)        | \$5.75 |
| Social Lite (Strawberry, Peach, Blood Orange, Pineapple Mango) | \$5.95 |

|              |        |                         |        |
|--------------|--------|-------------------------|--------|
| Smirnoff Ice | \$5.95 | Hey Y'all Hard Iced Tea | \$5.95 |
| Mike's Hard  | \$5.95 | Strongbow (500MLs)      | \$7.95 |
| Twisted Tea  | \$5.95 |                         |        |

## SPECIALTY COFFEE \$6.75 (1oz) Make it a Double (2oz) add \$2.50

|  |                                       |
|--|---------------------------------------|
| Mabel Lake Coffee - Baileys, Kahlua, Sambuca |                                       |
| Baileys Coffee - Baileys                     | Monte Cristo - Grand Marnier, Kahlua  |
| Spanish Coffee - Brandy, Kahlua              | B-52 - Kahlua, Baileys, Grand Marnier |



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