

APPETIZER

G.F = GLUTEN FREE

Dry Ribs \$ 16 - G.F

Slow cooked pork rib ends, Kosher salt, ponzu sauce.

Basket of Fries \$8 - G.FHand-Cut Kennebec Fries.

Basket of Onion Rings \$11Grainy dijon aioli.

Vegetarian Samosas \$13

Served with a yogurt, cucumber, cilantro lime sauce.

Chicken Wings \$18 - G.F

with your choice of: Hot, BBQ, Honey Garlic, or Salt and Pepper. Served with buttermilk ranch dip.

Truffle Fries \$14 - G.F.

Hand cut Kennebec fries, Granna Padano, white truffle essence, sriracha aioli.

Chicken Fingers & Fries \$17 - G.F.

Made in house, chicken breast strips in our seasoned breading, served with house made honey mustard sauce.

SALADS

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MIxed Greens \$ 14 - G.F

Baby summer greens, confit grape tomatoes, shaved heirloom carrots, red wine vinaigrette.

Greens and Grains \$ 16 - G.F

Baby spinach and arugula, red quinoa, toasted sunflower and pumpkin seeds, dried cranberries, honey mustard vinaigrette.

Classic Caesar \$ 15 - G.F

Baby romaine hearts, focaccia croutons, crispy capers, Granna Padano, confit grape tomatoes, lemon caper vinaigrette.

Add Chicken \$6 Add Prawns \$7 Add Bacon \$3

Taco Salad \$20 - G.F

Romaine lettuce, tomatoes, aged white cheddar, black beans, crispy tortillas, avocado, seasoned ground beef, chipotle lime vinaigrette.

G.F OPTIONS \$3 BUNS OR FRYERS

WWW.MABELLAKEGOLF.COM FOR UPDATES!

FAVOURITES G.F = GLUTEN FREE

A.B.L.T \$18 - G.F

Double smoked bacon, vine ripened tomatoes, romaine lettuce, avocado mousse, garlic aioli, on multigrain bread.

Pesto Chicken Sandwich \$20 - G.F

Lemon and herb marinated chicken breast, baby arugula, pesto aioli, aged cheddar, confit grape tomatoes, on sourdough bread.

Grilled Vegetable Quesadilla \$16

Bell peppers, red onions, black beans, aged cheddar, chipotle aioli on a spinach tortilla. Served with sour cream, and salsa.

Add Guacamole \$2 1/2
Add Chicken \$6

Prime Rib Beef Dip \$20 - G.F

Slow roasted Prime Rib on a toasted garlic ciabatta bun served with au jus.

G.F OPTIONS \$3 BUNS OR FRYERS

BURGERS

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Mabel Burger \$17 - G.F

6oz ground chuck patty, pickled red onions, lettuce, tomatoes, sriracha aioli, on a potato brioche bun.

Kingfisher Burger \$22 - G.F

6oz ground chuck patty, aged white cheddar, double smoked bacon, roasted mushrooms, pickled red onions, lettuce, tomatoes, sriracha aioli, on a potato brioche bun.

Turkey Burger \$18 - G.F

6oz ground turkey patty, avocado mousse, vine ripened tomatoes, baby arugula, cilantro lime aioli, on a potato brioche bun.

Black Bean Burger \$17

House-made black bean patty, garlic tahini sauce, avocado mousse, baby spinach, vine ripened tomato, on a potato brioche bun.

G.F OPTIONS \$3 BUNS OR FRYERS

All Lunch Favorites and burgers Served with Fries.

Upgrade to: House Salad, Caesar, Onion rings \$3

Burger Adds: Gluten free bun \$3, Bacon \$2, Cheese \$2



PIZZA

Cheese 10" \$14 14" \$20

Mozzarella, & fire roasted tomato sauce

Supreme Three Cheese 10" \$19 14" \$26

Mozzarella, aged white cheddar, Granna Padano, fire roasted tomato sauce.

Pepperoni 10" \$19 14" \$26

Pepperoni, mozzarella, fire roasted tomato sauce.

Hawaiian 10" \$19 14" \$27

Ham, fresh pineapple, mozzarella, fire roasted tomato sauce.

Spinach & Feta 10" \$19 14" \$29

Confit garlic, crema, baby spinach, feta

Double Pepp & Mush 10" \$24 14" \$32

Double pepperoni, roasted mushrooms, mozzarella, fire roasted tomato sauce.

Supreme Hawaiian 10" \$22 14" \$30

Back Bacon, Double smoked bacon, pineapple, mozzarella, fire roasted tomato sauce.

Fungi 10" \$22 14" \$30

Roasted mushrooms, crema, confit garlic, mozzarella,, Granna Padano, fresh oregano.

BBQ Chicken 10" \$22 14" \$30

Slow cooked chicken breast, aged white cheddar, caramelized onions, house made bbq sauce, cilantro.

Carnivore 10" \$24 14" \$32

Honey smoked ham, pepperoni, seasoned ground beef, fire roasted tomato sauce, mozzarella, Granna Padano.

Mabel 10" \$28 14" \$35

Ham, bacon, Italian sausage, green peppers, mushrooms, cheddar, and mozzarella.

Clubhouse 10" \$28 14" \$35

Slow cooked chicken breast, honey glazed ham, double smoked bacon, vine ripened tomatoes, baby arugula, mozzarella and ranch dressing.

ENTREES

Coming Soon
Check our Website & Social Media
for updates.

Friday & Saturday Prime Rib Night

Your Choice of a 8oz or 12 oz cut of slow roasted prime rib, comes with mashed potatoes, seasonal vegetables, yorkshire, & red wine au ius

8oz \$36

12oz \$42

Make it a Share Plate \$8

Add a extra plate including all the sides. No

Meat included, and share.

DESSERT

New York Cheese Cake \$8

New york cheese cake with a mixed berry compote



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8oz \$36 12oz \$42

Make it a Share Plate \$ 8
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